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# A $C^{0}$ interior penalty discontinuous Galerkin method for fourth order total variation flow. II: Existence and uniqueness 

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# A $\mathbf{C}^{0}$ INTERIOR PENALTY DISCONTINUOUS GALERKIN METHOD FOR FOURTH ORDER TOTAL VARIATION FLOW. II: EXISTENCE AND UNIQUENESS 

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#### Abstract

We prove the existence and uniqueness of a solution of a $\mathrm{C}^{0} \mathrm{In}$ terior Penalty Discontinuous Galerkin ( $\mathrm{C}^{0}$ IPDG) method for the numerical solution of a fourth order total variation flow problem that has been developed in part I of the paper. The proof relies on a nonlinear version of the Lax-Milgram Lemma. It requires to establish that the nonlinear operator associated with the $\mathrm{C}^{0}$ IPDG approximation is Lipschitz continuous and strongly monotone on bounded sets of the underlying finite element space.


## 1. Introduction

We consider the following fourth order total variation flow (TVF) problem:

$$
\begin{gather*}
\frac{\hat{\partial} w}{\hat{\partial} \hat{t}}+\beta \hat{\Delta} \hat{\boldsymbol{\nabla}} \cdot \frac{\hat{\boldsymbol{\nabla}} w}{|\hat{\boldsymbol{\nabla}} w|}=0 \quad \text { in } \hat{Q}:=\hat{\Omega} \times(0, \hat{T}),  \tag{1.1a}\\
\mathbf{n}_{\hat{\Gamma}} \cdot \beta \frac{\hat{\boldsymbol{\nabla}} w}{|\overrightarrow{\boldsymbol{\nabla}} w|}=\mathbf{n}_{\hat{\Gamma}} \cdot \hat{\boldsymbol{\nabla}} \hat{\boldsymbol{\nabla}}\left(\hat{\boldsymbol{\nabla}} \cdot \frac{\hat{\boldsymbol{\nabla}} w}{|\hat{\boldsymbol{\nabla}} w|}\right)=0 \quad \text { on } \hat{\Sigma}:=\hat{\Gamma} \times(0, \hat{T}),  \tag{1.1b}\\
w(\cdot, 0)=w^{0} \quad \text { in } \hat{\Omega} . \tag{1.1c}
\end{gather*}
$$

Here, $\hat{\Omega} \subset \mathbb{R}^{2}$ is a bounded domain with boundary $\hat{\Gamma}=\partial \hat{\Omega}, \hat{T}>0$ is the final time, $\beta>0$ is some constant, $\mathbf{n}_{\hat{\Gamma}}$ stands for the exterior unit normal at $\hat{\Gamma}$, and $w^{0} \in L^{2}(\hat{\Omega})$ is some given initial data.
The fourth order equation (1.1a) has to be understood as the flow problem

$$
-\frac{\hat{\partial} w}{\hat{\partial} \hat{t}} \in \partial E_{H^{-1}}(w)
$$

associated with the total variation- $H^{-1}\left(\mathrm{TV}-H^{-1}\right)$ minimization of the energy functional

$$
\begin{equation*}
E(w)=\beta \int_{\hat{\Omega}}|\hat{\boldsymbol{\nabla}} w| d x, \quad \beta>0 \tag{1.2}
\end{equation*}
$$

[^0]where $\partial_{H^{-1}} E(w)$ is the $H^{-1}$ subdifferential of $E$.
In fact, if we introduce an inner product on $H^{-1}(\hat{\Omega}$ according to
$$
(w, z)_{-1, \hat{\Omega}}:=\left(\hat{\boldsymbol{\nabla}}\left(-\hat{\Delta}^{-1} w\right), \hat{\boldsymbol{\nabla}}\left(-\hat{\Delta}^{-1} z\right)\right)_{0, \hat{\Omega}}
$$
the subdifferential
$$
\partial_{H^{-1}} E(w)=\left\{v \in H^{-1}(\hat{\Omega}) \mid(v, z-w)_{-1, \Omega} \leq E(z)-E(w) \text { for all } z \in H^{-1}(\hat{\Omega})\right\}
$$
reads as follows (cf., e.g., [6]):
$$
\partial_{H^{-1}} E(w)=\{\hat{\Delta} \hat{\boldsymbol{\nabla}} \cdot \boldsymbol{\xi} \mid \boldsymbol{\xi}(\hat{x}) \in \partial \Phi(\hat{\boldsymbol{\nabla}} w(\hat{x}))\}
$$

Here, $\Phi(|\boldsymbol{\eta}|)$ and $\partial \Phi(|\boldsymbol{\eta}|)$ are given by

$$
\Phi(\boldsymbol{\eta})=\beta|\boldsymbol{\eta}|, \quad \partial \Phi(\boldsymbol{\eta})=\left\{\begin{array}{r}
\beta \boldsymbol{\eta} /|\boldsymbol{\eta}|, \text { if } \boldsymbol{\eta} \neq \mathbf{0}  \tag{1.3}\\
\left\{\boldsymbol{\tau} \in \mathbb{R}^{2}| | \boldsymbol{\tau} \mid \leq \beta\right\}, \text { if } \boldsymbol{\eta}=\mathbf{0}
\end{array} .\right.
$$

The fourth order total variation flow (TVF) problem (1.1a)-(1.1c) describes surface relaxation below the roughening temperature. We note that similar fourth order TVF problems occur in image recovery. For more details we refer to [2] and the references therein.
In the sequel, we consider the regularized fourth order TVF problem

$$
\begin{array}{r}
\frac{\partial \hat{\partial} w}{\hat{\partial} \hat{t}}+\beta \hat{\Delta} \hat{\boldsymbol{\nabla}} \cdot\left(\left(\delta^{2}+|\hat{\boldsymbol{\nabla}} w|^{2}\right)^{-1 / 2} \hat{\boldsymbol{\nabla}} w\right)=0 \quad \text { in } \hat{Q}, \\
\mathbf{n}_{\hat{\Gamma}} \cdot \beta\left(\delta^{2}+|\hat{\boldsymbol{\nabla}} w|^{2}\right)^{-1 / 2} \hat{\boldsymbol{\nabla}} w=0 \quad \text { on } \hat{\Sigma}, \\
\mathbf{n}_{\hat{\Gamma}} \cdot \beta \hat{\boldsymbol{\nabla}}\left(\hat{\boldsymbol{\nabla}} \cdot\left(\delta^{2}+|\hat{\boldsymbol{\nabla}} w|^{2}\right)^{-1 / 2} \hat{\boldsymbol{\nabla}} w\right)=0 \quad \text { on } \hat{\Sigma}, \\
w(\cdot, 0)=w^{0} \quad \text { in } \hat{\Omega}, \tag{1.4c}
\end{array}
$$

where $\delta>0$ is a regularization parameter. We further consider a scaling in both the time variable and the spatial variables according to

$$
\begin{equation*}
t=\delta \hat{t}, \quad x_{i}=\delta \hat{x}_{i}, 1 \leq i \leq 2 \tag{1.5}
\end{equation*}
$$

Setting $T:=\delta \hat{T}, \Omega:=\delta \hat{\Omega}, \Gamma:=\partial \Omega, Q:=\Omega \times(0, T), \Sigma:=\Gamma \times(0, T)$, and $u^{0}(x)=$ $w^{0}\left(\delta^{-1} x\right)$, as well as

$$
\begin{equation*}
\omega(\boldsymbol{\nabla} u):=1+|\boldsymbol{\nabla} u|^{2} \tag{1.6}
\end{equation*}
$$

the scaled and regularized fourth order TVF problem reads as follows
$(1.7 \mathrm{~b}) \mathbf{n}_{\Gamma} \cdot \beta \delta^{2}\left(\omega(\boldsymbol{\nabla} u)^{-1 / 2} \boldsymbol{\nabla} u\right)=\mathbf{n}_{\Gamma} \cdot \beta \delta^{2} \boldsymbol{\nabla}\left(\boldsymbol{\nabla} \cdot\left(\left(\omega(\boldsymbol{\nabla} u)^{-1 / 2} \boldsymbol{\nabla} u\right)\right)=0 \quad\right.$ on $\Sigma$,

$$
\begin{equation*}
\frac{\partial u}{\partial t}+\beta \delta^{2} \Delta \boldsymbol{\nabla} \cdot\left(\omega(\boldsymbol{\nabla} u)^{-1 / 2} \boldsymbol{\nabla} u\right)=0 \quad \text { in } Q \tag{1.7a}
\end{equation*}
$$

The numerical solution of the regularized fourth order TVF problem with periodic boundary conditions has been considered in [7] based on a mixed formulation of the implicitly in time discretized problem. At each time-step, this amounts to the solution of two second order elliptic PDEs by standard Lagrangian finite elements with respect to a triangulation of the computational domain $\Omega$. On the other hand, a $\mathrm{C}^{0}$ Interior Penalty Discontinuous Galerkin ( $\mathrm{C}^{0}$ IPDG) method has been developed and implemented in [2]. The advantage of the $\mathrm{C}^{0}$ IPDG approach is that it directly applies to the fourth order problem and thus only requires the numerical
solution of one equation by using the same Lagrangian finite elements as in the mixed method.

The paper is organized as follows: After some basic notations from matrix analysis and Lebesgue and Sobolev spaces presented in section 2, in section 3 we recall the $\mathrm{C}^{0}$ IPDG approximation of the implicity in time discretized, regularized, and scaled fourth order TVF problem from [2]. Section 4 is devoted to a proof of the existence and uniqueness of a solution of the $\mathrm{C}^{0}$ IPDG approximation by an application of the nonlinear version of the Lax-Milgram Lemma. In particular, this requires to show that the nonlinear operator associated with the $\mathrm{C}^{0}$ IPDG approximation is Lipschitz continuous and strongly monotone on bounded subsets of the underlying function space.

## 2. Basic notations

For vectors $\underline{\mathbf{x}}=\left(x_{1}, \cdots, x_{n}\right)^{T}, \underline{\mathbf{y}}=\left(y_{1}, \cdots, y_{n}\right)^{T} \in \mathbb{R}^{n}$ and for matrices $\underline{\underline{\mathbf{A}}}=$ $\left(a_{i j}\right)_{i, j=1}^{n}, \underline{\underline{\mathbf{B}}}=\left(b_{i j}\right)_{i, j=1}^{n} \in \mathbb{R}^{n \times n}$ we denote by $\underline{\mathbf{x}} \cdot \underline{\mathbf{y}}$ and $\underline{\underline{\mathbf{A}}}: \underline{\underline{\mathbf{B}}}$ the Euclidean inner product $\underline{\mathbf{x}} \cdot \underline{\mathbf{y}}=\sum_{i=1}^{n} x_{i} y_{i}$ and the Frobenius inner product $\underline{\underline{\mathbf{A}}}: \underline{\underline{\mathbf{B}}}=\sum_{i, j=1}^{n} a_{i j} b_{i j}$. In particular, $|\underline{\mathbf{x}}|:=(\underline{\mathbf{x}} \cdot \underline{\mathbf{x}})^{1 / 2}$ and $|\underline{\underline{\mathbf{A}}}|:=(\underline{\underline{\mathbf{A}}}: \underline{\underline{\mathbf{A}}})^{1 / 2}$ refer to the Euclidean norm and the Frobenius norm, respectively.
We will further use standard notation from Lebesgue and Sobolev space theory (cf., e.g., [9]). In particular, for a bounded domain $D \subset \mathbb{R}^{d}, d \in \mathbb{N}$, we refer to $L^{p}(D), 1 \leq p<\infty$, as the Banach space of p-th power Lebesgue integrable functions on $D$ with norm $\|\cdot\|_{0, p, D}$ and to $L^{\infty}(D)$ as the Banach space of essentially bounded functions on $D$ with norm $\|\cdot\|_{0, \infty, D}$. Moreover, we denote by $W^{s, p}(D), s \in \mathbb{R}_{+}, 1 \leq p \leq \infty$, the Sobolev spaces with norms $\|\cdot\|_{s, p, D}$. We note that for $p=2$ the spaces $L^{2}(D)$ and $W^{s, 2}(D)=H^{s}(D)$ are Hilbert spaces with inner products $(\cdot, \cdot)_{0,2, D}$ and $(\cdot, \cdot)_{s, 2, D}$. In the sequel, we will suppress the subindex 2 and write $(\cdot, \cdot)_{0, D},(\cdot, \cdot)_{s, D}$ and $\|\cdot\|_{0, D},\|\cdot\|_{s, D}$ instead of $(\cdot, \cdot)_{0,2, D},(\cdot, \cdot)_{s, 2, D}$ and $\|\cdot\|_{0,2, D},\|\cdot\|_{s, 2, D}$. The space $W_{0}^{s, p}(D)$ is the closure of $C_{0}^{\infty}$ with respect to the $\|\cdot\|_{s, p, D}$-norm. We refer to $W^{-s, p}(D), s \in \mathbb{R}_{+}, 1 \leq p \leq \infty$, as the dual of $W_{0}^{s, q}(D)$, where $1 / p+1 / q=1$. In particular, $H^{-s}(D)=\left(H_{0}^{s}(D)^{*}\right.$.

## 3. $\mathrm{C}^{0}$ Interior Penalty Discontinuous Galerkin approximation

We perform a discretization in time of (1.7) with respect to a partition of the time interval $[0, T]$ into subintervals $\left[t_{m-1}, t_{m}\right], 1 \leq m \leq M, M \in \mathbb{N}$, of length $\Delta t:=t_{m}-t_{m-1}=T / M$. Denoting by $u^{m}$ some approximation of $u$ at time $t_{m}$, for $1 \leq m \leq M$ we have to solve the problems

$$
\begin{align*}
u^{m}-u^{m-1}+\Delta t \beta \delta^{2} \Delta \boldsymbol{\nabla} \cdot\left(\omega\left(\boldsymbol{\nabla} u^{m}\right)^{-1 / 2} \boldsymbol{\nabla} u^{m}\right) & =0 \text { in } \Omega  \tag{3.1a}\\
\mathbf{n}_{\Gamma} \cdot \beta \delta^{2}\left(\omega\left(\boldsymbol{\nabla} u^{m}\right)^{-1 / 2} \boldsymbol{\nabla} u^{m}\right) & =0 \text { on } \Gamma,  \tag{3.1b}\\
\mathbf{n}_{\Gamma} \cdot \beta \delta^{2} \boldsymbol{\nabla}\left(\boldsymbol{\nabla} \cdot\left(\omega\left(\boldsymbol{\nabla} u^{m}\right)^{-1 / 2} \boldsymbol{\nabla} u^{m}\right)\right) & =0 \text { on } \Gamma . \tag{3.1c}
\end{align*}
$$

We reformulate the second term on the left-hand side of (3.1a) according to

$$
\begin{align*}
& \Delta \boldsymbol{\nabla} \cdot\left(\omega\left(\boldsymbol{\nabla} u^{m}\right)^{-1 / 2} \boldsymbol{\nabla} u^{m}\right)=\boldsymbol{\nabla} \cdot \boldsymbol{\nabla}\left(\boldsymbol{\nabla} \cdot\left(\omega\left(\boldsymbol{\nabla} u^{m}\right)^{-1 / 2} \boldsymbol{\nabla} u^{m}\right)\right)=  \tag{3.2}\\
& \boldsymbol{\nabla} \cdot \boldsymbol{\nabla} \cdot \boldsymbol{\nabla}\left(\omega\left(\boldsymbol{\nabla} u^{m}\right)^{-1 / 2} \boldsymbol{\nabla} u^{m}\right) .
\end{align*}
$$

As has been shown in [2], we have

$$
\begin{equation*}
\boldsymbol{\nabla}\left(\omega\left(\boldsymbol{\nabla} u^{m}\right)^{-1 / 2} \nabla u^{m}\right)=\omega\left(\boldsymbol{\nabla} u^{m}\right)^{-3 / 2} \underline{\underline{\mathbf{M}}}\left(u^{m}\right) D^{2} u^{m}, \tag{3.3}
\end{equation*}
$$

where $D^{2} u^{m}$ is the $2 \times 2$ matrix of second partial derivatives of $u^{m}$ and the matrix $\underline{\underline{\mathbf{M}}}\left(u^{m}\right)$ is given by

$$
\underline{\underline{\mathbf{M}}}\left(u^{m}\right):=\left(\begin{array}{cc}
1+\left(\frac{\partial u^{m}}{\partial x_{2}}\right)^{2} & -\frac{\partial u^{m}}{\partial x_{1}} \frac{\partial u^{m}}{\partial x_{2}}  \tag{3.4}\\
-\frac{\partial u^{m}}{\partial x_{1}} \frac{\partial u^{m}}{\partial x_{2}} & 1+\left(\frac{\partial u^{m}}{\partial x_{2}}\right)^{2}
\end{array}\right) .
$$

We note that the matrix $\underline{\underline{\mathbf{M}}}\left(u^{m}\right)$ is symmetric positive definite with the eigenvalues

$$
\begin{equation*}
\lambda_{\min }\left(\underline{\underline{\mathbf{M}}}\left(u^{m}\right)\right)=1, \quad \lambda_{\max }\left(\underline{\underline{\mathbf{M}}}\left(u^{m}\right)\right)=1+\left|\boldsymbol{\nabla} u^{m}\right|^{2} . \tag{3.5}
\end{equation*}
$$

Setting

$$
\begin{equation*}
\underline{\underline{\mathbf{A}}}_{1}(v):=\omega(\boldsymbol{\nabla} v)^{-3 / 2} \underline{\underline{\mathbf{M}}}(v) \tag{3.6}
\end{equation*}
$$

the weak formulation of the implicitly in time discretized regularized fourth order TVF problem (3.1a)-(3.1c) reads: Find

$$
u^{m} \in V:=\left\{v \in H^{2}(\Omega) \mid \mathbf{n}_{\Gamma} \cdot \beta \delta^{2} \omega(\boldsymbol{\nabla} v)^{-1 / 2} \boldsymbol{\nabla} v=0 \text { on } \Gamma\right\}
$$

such that for all $v \in V$ it holds

$$
\begin{equation*}
\left(u^{m}-u^{m-1}, v\right)_{0, \Omega}+\Delta t \beta \delta^{2} \int_{\Omega}\left(\underline{\underline{\mathbf{A}}}_{1}\left(u^{m}\right) D^{2} u^{m}\right): D^{2} v d x=0 \tag{3.7}
\end{equation*}
$$

For the discretization in space we assume $\mathcal{T}_{h}$ to be a geometrically conforming, simplicial triangulation of $\Omega$. We denote by $\mathcal{E}_{h}(\Omega)$ and $\mathcal{E}_{h}(\Gamma)$ the set of edges of $\mathcal{T}_{h}$ in the interior of $\Omega$ and on the boundary $\Gamma$, respectively, and set $\mathcal{E}_{h}:=\mathcal{E}_{h}(\Omega) \cup \mathcal{E}_{h}(\Gamma)$. For $K \in \mathcal{T}_{h}$ and $E \in \mathcal{E}_{h}$ we denote by $h_{K}$ and $h_{E}$ the diameter of $K$ and the length of $E$, and we set $h:=\max \left(h_{K} \mid K \in \mathcal{T}_{h}\right)$. Due to the assumptions on $\mathcal{T}_{h}$ there exist constants $0<c_{R} \leq C_{R}, 0<c_{Q} \leq C_{Q}$, and $0<c_{S} \leq C_{S}$ such that for all $K \in \mathcal{T}_{h}$ it holds

$$
\begin{align*}
& c_{R} h_{K} \leq h_{E} \leq C_{R} h_{K}, \quad E \in \mathcal{E}_{h}(\partial K)  \tag{3.8a}\\
& c_{Q} h \leq h_{K} \leq C_{Q} h  \tag{3.8b}\\
& c_{S} h_{K}^{2} \leq \operatorname{meas}(K) \leq C_{S} h_{K}^{2} \tag{3.8c}
\end{align*}
$$

Denoting by $P_{k}(T), k \in \mathbb{N}$, the linear space of polynomials of degree $\leq k$ on $T$, for $k \in \mathbb{N}$ we define

$$
\begin{equation*}
V_{h}:=\left\{v_{h} \in C^{0}(\bar{\Omega})\left|v_{h}\right|_{T} \in P_{k}(T), T \in \mathcal{T}_{h}\right\} \tag{3.9}
\end{equation*}
$$

and note that $V_{h} \subset H^{1}(\Omega)$, but $V_{h} \not \subset H^{2}(\Omega)$. Further, we introduce

$$
\begin{equation*}
\underline{\underline{\mathbf{M}}}_{h}:=\left\{\underline{\underline{\mathbf{q}}}_{h} \in L^{2}(\Omega)^{2 \times 2}\left|\underline{\underline{\mathbf{q}}}_{h}\right|_{K} \in P_{k}(K)^{2 \times 2}, K \in \mathcal{T}_{h}\right\} \tag{3.10}
\end{equation*}
$$

as the space of element-wise polynomial moment tensors.
For interior edges $E \in \mathcal{E}_{h}(\Omega)$ such that $E=K_{+} \cap K_{-}, K_{ \pm} \in \mathcal{T}_{h}$ and boundary
edges on $\Gamma$ we introduce the average and jump of $\nabla v_{h}$ according to

$$
\begin{align*}
\left\{\nabla v_{h}\right\}_{E} & :=\left\{\begin{array}{r}
\frac{1}{2}\left(\left.\nabla v_{h}\right|_{E \cap K_{+}}+\left.\nabla v_{h}\right|_{E \cap K_{-}}\right), \\
\left.\nabla v_{h}\right|_{E}, \\
, E \in \mathcal{E}_{h}(\Omega) \\
{\left[\nabla v_{h}\right]_{E}}
\end{array}:=\left\{\begin{array}{r}
\left.\nabla v_{h}\right|_{E \cap K_{+}}-\left.\nabla v_{h}\right|_{E \cap K_{-}}, E \in \mathcal{E}_{\mathcal{L}}(\Omega) \\
\left.\nabla v_{h}\right|_{E}, \\
E \in \mathcal{E}_{h}(\Gamma)
\end{array}\right.\right. \tag{3.11a}
\end{align*}
$$

The average $\left\{\Delta v_{h}\right\}_{E}$ and jump $\left[\Delta v_{h}\right]_{E}$ are defined analogously. We further denote by $\mathbf{n}_{E}$ the unit normal vector on $E$ pointing in the direction from $K_{+}$to $K_{-}$. In the sequel, for $E \in \mathcal{E}_{h}$ we will frequently use

$$
\begin{align*}
\left|\left\{v_{h} w_{h}\right\}_{E}\right| & \leq 2\left\{\left|v_{h}\right|\right\}_{E}\left\{\left|w_{h}\right|\right\}_{E}  \tag{3.12a}\\
\left|\left[v_{h} w_{h}\right]_{E}\right| & \leq 4\left\{\left|v_{h}\right|\right\}_{E}\left\{\left|w_{h}\right|\right\}_{E} \tag{3.12b}
\end{align*}
$$

In fact, for $E \in \mathcal{E}_{h}(\Omega)$ (3.12a) and (3.12b) follow from

$$
\begin{aligned}
\left|\left\{v_{h} w_{h}\right\}_{E}\right| & \leq \frac{1}{2}\left(\left|v_{h}\right|_{E_{+}}\left|w_{h}\right|_{E_{+}}+\left|v_{h}\right|_{E_{-}}\left|w_{h}\right|_{E_{-}}\right) \leq 2\left\{\left|v_{h}\right|\right\}_{E}\left\{\left|w_{h}\right|\right\}_{E} \\
\left|\left[v_{h} w_{h}\right]_{E}\right| & \leq\left(\left|v_{h}\right|_{E_{+}}\left|w_{h}\right|_{E_{+}}+\left|v_{h}\right|_{E_{-}}\left|w_{h}\right|_{E_{-}}\right) \leq 4\left\{\left|v_{h}\right|\right\}_{E}\left\{\left|w_{h}\right|\right\}_{E}
\end{aligned}
$$

whereas it is obvious for $E \in \mathcal{E}_{h}(\Gamma)$. We will also use

$$
\begin{equation*}
\sum_{E \in \mathcal{E}_{h}}\left[v_{h} w_{h}\right]_{E}=\sum_{E \in \mathcal{E}_{h}}\left\{v_{h}\right\}_{E}\left[w_{h}\right]_{E}+\sum_{E \in \mathcal{E}_{h}(\Omega)}\left[v_{h}\right]_{E}\left\{w_{h}\right\}_{E} . \tag{3.13}
\end{equation*}
$$

Following the general approach [1] for DG approximations of second order elliptic boundary value problems, in [2] we have derived the following $\mathrm{C}^{0}$ IPDG approximation of (3.7): Find $u_{h}^{m} \in V_{h}$ such that for all $v_{h} \in V_{h}$ it holds

$$
\begin{equation*}
\left(u_{h}^{m}, v_{h}\right)_{0, \Omega}+\Delta t \beta \delta^{2} a_{h}^{I P}\left(u_{h}^{m}, v_{h} ; u_{h}^{m}\right)=\left(u_{h}^{m-1}, v_{h}\right)_{0, \Omega}, \quad v_{h} \in V_{h} . \tag{3.14}
\end{equation*}
$$

Here, for $z_{h} \in V_{h}$ the mesh-dependent semilinear $C^{0} \operatorname{IPDG}$ form $a_{h}^{I P}\left(\cdot, \cdot ; z_{h}\right): V_{h} \times$ $V_{h} \rightarrow \mathbb{R}$ is given by

$$
\begin{align*}
& a_{h}^{I P}\left(u_{h}, v_{h} ; z_{h}\right):=\sum_{K \in \mathcal{T}_{h}}\left(\underline{\underline{\mathbf{A}}}_{1}\left(z_{h}\right) D^{2} u_{h}, D^{2} v_{h}\right)_{0, K}-  \tag{3.15}\\
& \sum_{E \in \mathcal{E}_{h}}\left(\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(z_{h}\right) D^{2} u_{h}\right\}_{E} \mathbf{n}_{E}, \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} z_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E}\right)_{0, E}- \\
& \sum_{E \in \mathcal{E}_{h}}\left(\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(z_{h}\right) D^{2} v_{h}\right\}_{E} \mathbf{n}_{E}, \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} z_{h}\right)^{-1 / 4} \boldsymbol{\nabla} u_{h}\right]_{E}\right)_{0, E}+ \\
& \alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1}\left(\mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} z_{h}\right)^{-1 / 4} \boldsymbol{\nabla} u_{h}\right]_{E}, \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} z_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E}\right)_{0, E},
\end{align*}
$$

where $\alpha>0$ is a penalty parameter and

$$
\begin{equation*}
\underline{\underline{\mathbf{A}}}_{2}\left(z_{h}\right):=\omega\left(\boldsymbol{\nabla} z_{h}\right)^{-5 / 4} \underline{\underline{\mathbf{M}}}\left(z_{h}\right) . \tag{3.16}
\end{equation*}
$$

## 4. Existence and uniqueness of a solution of the $\mathrm{C}^{0}$ IPDG

 APPROXIMATIONThe existence and uniqueness of a solution of the $\mathrm{C}^{0}$ IPDG approximation (3.14) can be shown using the following nonlinear analogue of the Lax-Milgram Lemma.

Theorem 4.1. Let $V$ be a Hilbert space with inner product $(\cdot, \cdot)_{V}$ and associated norm $\|\cdot\|_{V}$ and let $V^{*}$ be the dual space with norm $\|\cdot\|_{V^{*}}$. We denote by $\langle\cdot, \cdot\rangle_{V^{*}, V}$ the dual pairing between $V^{*}$ and $V$. Let $A: V \rightarrow V^{*}$ be a nonlinear operator with $A(0)=0$ that is Lipschitz continuous on $B(0, R):=\left\{v \in V \mid\|v\|_{V} \leq R\right\}, R>0$, i.e., there exists a constant $\Gamma(R)>0$ such that for all $v, w \in V$ it holds

$$
\begin{equation*}
\|A(v)-A(w)\|_{V_{h}^{*}} \leq \Gamma(R)\|v-w\|_{V} . \tag{4.1}
\end{equation*}
$$

Moreover, assume that $A: V \rightarrow V^{*}$ is strongly monotone on $B(0, R)$, i.e., there exists a constant $\gamma(R)>0$ such that for all $v, w \in B(0, R)$ it holds

$$
\begin{equation*}
\langle A(v)-A(w), v-w\rangle_{V^{*}, V} \geq \gamma(R)\|v-w\|_{V}^{2} \tag{4.2}
\end{equation*}
$$

Then, for any $\ell \in V^{*}$ with

$$
\begin{equation*}
\|\ell\|_{V^{*}} \leq \frac{\Gamma(R)^{2}}{\gamma(R)}\left(1-\sqrt{1-\frac{\gamma(R)^{2}}{\Gamma(R)^{2}}}\right) R \tag{4.3}
\end{equation*}
$$

the nonlinear equation

$$
\begin{equation*}
A u=\ell \tag{4.4}
\end{equation*}
$$

has a unique solution $u \in B(0, R)$.
Proof. We refer to $\tau: V^{*} \rightarrow V$ as the Riesz mapping, i.e.,

$$
\begin{equation*}
\langle\ell, v\rangle_{V^{*}, V}=(\tau \ell, v)_{V}, \quad \ell \in V^{*}, v \in V . \tag{4.5}
\end{equation*}
$$

Then, $u \in B(0, R)$ is a solution of (4.4) if and only if $u$ is a fixed point of the nonlinear map $T: V \rightarrow V$ defined by means of

$$
T(v):=v-\rho(\tau A(v)-\tau \ell), \quad v \in V, \rho>0
$$

Due to (4.5) we have

$$
\begin{align*}
& \|T(v)-T(w)\|_{V}^{2}=  \tag{4.6}\\
& \|v-w\|_{V}^{2}-2 \rho\langle A(v)-A(w), v-w\rangle_{V^{*}, V}+\rho^{2}\|A(v)-A(w)\|_{V^{*}}^{2}
\end{align*}
$$

Now, using (4.1) and (4.2) it follows that

$$
\|T(v)-T(w)\|_{V}^{2} \leq q\|v-w\|_{V}^{2}, \quad q:=1-2 \rho \gamma(R)+\rho^{2} \Gamma(R)^{2}
$$

For $\rho \in\left(0,2 \gamma(R) / \Gamma(R)^{2}\right)$ we have $q<1$ and hence, $T$ is a contraction on $B(0, R)$. We note that $q$ attains its minimum $q_{\text {min }}=1-\gamma(R)^{2} / \Gamma(R)^{2}$ for $\rho_{\text {min }}=\gamma(R) / \Gamma(R)^{2}$. Moreover, choosing $w=0$ in (4.6) and observing $A(0)=0$, we have

$$
\|T(v)-T(0)\|_{V}^{2} \leq q_{\min }\|v\|_{V}^{2}
$$

and hence, for $v \in B(0, R)$ it holds

$$
\|T(v)\|_{V} \leq\|T(v)-T(0)\|_{V}+\|T(0)\|_{V} \leq \sqrt{q_{\min }} R+\rho\|\ell\|_{V^{*}} .
$$

Consequently, we have

$$
\begin{equation*}
\|T(v)\|_{V} \leq R \tag{4.7}
\end{equation*}
$$

if $\ell \in V^{*}$ satisfies (4.3). We deduce from (4.7) that $T(B(0, R)) \subset B(0, R)$. The Banach fixed point theorem asserts the existence and uniqueness of a fixed point in $B(0, R)$.

In order to apply the previous result to the $C^{0}$ IPDG method (3.14), we introduce a mesh-dependent semi-norm $|\cdot|_{2, h, \Omega}$ and weighted norm $\|\cdot\|_{2, h, \Omega}$ on $V_{h}$ according to

$$
\begin{align*}
\left|v_{h}\right|_{2, h, \Omega}:= & \left(\sum_{K \in \mathcal{T}_{h}} \int_{K} D^{2} v_{h}: D^{2} v_{h} d x+\right.  \tag{4.8a}\\
& \left.\alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E \in \mathcal{E}_{h}}\left|\mathbf{n}_{E} \cdot\left[\nabla v_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2}, \\
\left\|v_{h}\right\|_{2, h, \Omega}:= & \left(\left\|v_{h}\right\|_{0, \Omega}^{2}+\left|v_{h}\right|_{2, h, \Omega}^{2}\right)^{1 / 2} . \tag{4.8b}
\end{align*}
$$

We further note that (3.14) can be written as the nonlinear equation

$$
\begin{equation*}
A_{h}^{D G} u_{h}^{m}=\ell_{h} \tag{4.9}
\end{equation*}
$$

where the nonlinear operator $A_{h}^{D G}: V_{h} \rightarrow V_{h}^{*}$ and the linear functional $\ell_{h} \in V_{h}^{*}$ are given by
(4.10) $\left\langle A_{h}^{D G} v_{h}, w_{h}\right\rangle_{V_{h}^{*}, V_{h}}:=\left(v_{h}, w_{h}\right)_{0, \Omega}+\Delta t \beta \delta^{2} a_{h}^{D G}\left(v_{h}, w_{h} ; v_{h}\right), \quad v_{h}, w_{h} \in V_{h}$,
(4.11) $\quad \ell_{h}\left(v_{h}\right):=\left(u_{h}^{m-1}, v_{h}\right)_{0, \Omega}, \quad v_{h} \in V_{h}$.

For the proof of Lipschitz continuity on bounded sets and strong monotonicity of the nonlinear operator $A_{h}^{D G}$ we need the inverse estimates (cf., e.g., $\left.[3,5]\right)$ :
For $p \in[1, \infty]$ and $\ell, m \in \mathbb{N}_{0}$ it holds

$$
\begin{equation*}
\left\|v_{h}\right\|_{m, p, K} \leq \frac{C_{i n v}}{\operatorname{meas}(K)^{\max \left(0, \frac{1}{2}-\frac{1}{p}\right)} h_{K}^{m-\ell}}\left\|v_{h}\right\|_{\ell, K}, \quad v_{h} \in V_{h} \tag{4.12}
\end{equation*}
$$

where $C_{i n v}$ is a positive constant that only depends on $k, \ell, m, p$ and the shape regularity of the triangulation. We further need the trace inequalities (cf., e.g., [8, 10]): For $p \in[1, \infty], m \in \mathbb{N}_{0}$, and $K \in \mathcal{T}_{h}$ it holds

$$
\begin{align*}
\left\|\boldsymbol{\nabla} v_{h}\right\|_{m, p, \partial K} & \leq C_{T} h_{K}^{-1 / p}\left\|\boldsymbol{\nabla} v_{h}\right\|_{m, p, K}, \quad v_{h} \in V_{h}  \tag{4.13a}\\
\left\|D^{2} v_{h}\right\|_{m, p, \partial K} & \leq C_{T} h_{K}^{-1 / p}\left\|D^{2} v_{h}\right\|_{m, p, K}, \quad v_{h} \in V_{h} \tag{4.13b}
\end{align*}
$$

where $C_{T}$ is a positive constant that only depends on $k, m, p$ and the shape regularity of the triangulation. Moreover, we will frequently use the following PoincaréFriedrichs inequality for piecewise $\mathrm{H}^{2}$-functions (cf., e.g., [4])

$$
\begin{equation*}
\left\|\nabla v_{h}\right\|_{0, \Omega} \leq C_{P F}\left|v_{h}\right|_{2, h, \Omega}, \quad v_{h} \in V_{h} \tag{4.14}
\end{equation*}
$$

where $C_{P F}>0$ is a constant that only depends on $\Omega$ and the shape regularity of the triangulation.
In the sequel, we will frequently use some basic estimates for the weight function $\omega\left(\boldsymbol{\nabla} v_{h}\right)$. In particular, for $\beta>0$ and $v \in V_{h}$ it holds

$$
\begin{align*}
\omega(\boldsymbol{\nabla} v)^{-\beta} & =\left(1+|\boldsymbol{\nabla} v|^{2}\right)^{-\beta} \leq 1  \tag{4.15a}\\
\omega(\boldsymbol{\nabla} v)^{-(\beta+1)}|\boldsymbol{\nabla} v| & \leq \omega(\boldsymbol{\nabla} v)^{-(\beta+1)}\left(1+|\boldsymbol{\nabla} v|^{2}\right)^{1 / 2}  \tag{4.15b}\\
& \leq \omega(\boldsymbol{\nabla} v)^{-(\beta+1 / 2)} \leq 1
\end{align*}
$$

Moreover, for $v, w \in V_{h}$ and $\xi(s):=w+s(v-w), s \in[0,1]$, it holds

$$
\begin{align*}
& \omega(\boldsymbol{\nabla} v)^{-\beta}-\omega(\boldsymbol{\nabla} w)^{-\beta}=-2 \beta \int_{0}^{1} \omega(\boldsymbol{\nabla} \xi(s))^{-\beta-1} \boldsymbol{\nabla} \xi(s) \cdot \boldsymbol{\nabla}(v-w) d s,  \tag{4.16a}\\
& \omega(\boldsymbol{\nabla} v)^{-\beta} \underline{\underline{\mathbf{M}}}(v)-\omega(\boldsymbol{\nabla} w)^{-\beta} \underline{\underline{\mathbf{M}}}(w)=\int_{0}^{1} \omega(\boldsymbol{\nabla} \xi(s))^{-\beta} \underline{\underline{\mathbf{F}}}(\xi(s) ; v-w) d s- \\
& 2 \beta \int_{0}^{1} \omega(\boldsymbol{\nabla} \xi(s))^{-\beta-1} \boldsymbol{\nabla} \xi(s) \cdot \boldsymbol{\nabla}(v-w) \underline{\underline{\mathbf{M}}}(\xi(s)) d s,
\end{align*}
$$

where the matrix $\underline{\underline{\mathbf{F}}}(v ; w), v, w \in V_{h}$ is given by

$$
\underline{\underline{\mathbf{F}}}(v ; w):=\left(\begin{array}{cc}
2 \frac{\partial w}{\partial x_{2}} \frac{\partial v}{\partial x_{2}} & \frac{\partial w}{\partial x_{1}} \frac{\partial v}{\partial x_{2}}+\frac{\partial w}{\partial x_{2}} \frac{\partial v}{\partial x_{1}}  \tag{4.17}\\
\frac{\partial w}{\partial x_{1}} \frac{\partial v}{\partial x_{2}}+\frac{\partial w}{\partial x_{2}} \frac{\partial v}{\partial x_{1}} & 2 \frac{\partial w}{\partial x_{1}} \frac{\partial v}{\partial x_{1}}
\end{array}\right), \quad v, w \in V_{h} .
$$

An easy computation yields

$$
\begin{equation*}
|\underline{\underline{\mathbf{F}}}(v ; w)|^{2} \leq 5|\nabla v|^{2}|\nabla w|^{2} \tag{4.18}
\end{equation*}
$$

It follows from (4.15b) and (4.16a) that

$$
\begin{equation*}
\left|\omega(\boldsymbol{\nabla} v)^{-\beta}-\omega(\boldsymbol{\nabla} w)^{-\beta}\right| \leq 2 \beta|\boldsymbol{\nabla}(v-w)|, \tag{4.19a}
\end{equation*}
$$

whereas in view of (3.5),(4.15b),(4.16b), and (4.18) we have

$$
\begin{equation*}
\left|\omega(\boldsymbol{\nabla} v)^{-\beta} \underline{\underline{\mathbf{M}}}(v)-\omega(\boldsymbol{\nabla} w)^{-\beta} \underline{\underline{\mathbf{M}}}(w)\right| \leq(2 \beta+\sqrt{5})|\boldsymbol{\nabla}(v-w)|, \tag{4.19b}
\end{equation*}
$$

We will first show that the nonlinear operator $A_{h}^{D G}$ is Lipschitz continuous on the ball

$$
\begin{equation*}
B_{h}(0, R):=\left\{v_{h} \in V_{h} \mid\left\|v_{h}\right\|_{2, h, \Omega} \leq R\right\} . \tag{4.20}
\end{equation*}
$$

Theorem 4.2. The nonlinear operator $A_{h}^{D G}$ is Lipschitz continuous on the ball $B_{h}(0, R)$. In particular, there exists $\Gamma(h, R)>0$ such that

$$
\begin{equation*}
\left\|A_{h}^{D G} v_{h}-A_{h}^{D G} w_{h}\right\|_{V_{h}^{*}} \leq \Gamma(h, R)\left\|v_{h}-w_{h}\right\|_{2, h, \Omega}, \quad v_{h}, w_{h} \in B_{h}(0, R) . \tag{4.21}
\end{equation*}
$$

Proof. For $v_{h}, w_{h} \in B_{h}(0, R)$ we set $\xi_{h}:=v_{h}-w_{h}$. In view of the definition (4.10) of the nonlinear operator $A_{h}^{D G}$ we have

$$
\begin{align*}
& \left\|A_{h}^{D G} v_{h}-A_{h}^{D G} w_{h}\right\|_{V_{h}^{*}}=\sup _{\left\|z_{h}\right\|_{2, h, \Omega} \leq 1}\left|\left\langle A_{h}^{D G} v_{h}-A_{h}^{D G} w_{h}, z_{h}\right\rangle_{V_{h}^{*}, V_{h}}\right|=  \tag{4.22}\\
& \sup _{\left\|z_{h}\right\|_{2, h, \Omega} \leq 1}\left|\left(\xi_{h}, z_{h}\right)_{0, \Omega}+\Delta t \beta \delta^{2}\left(a_{h}^{D G}\left(v_{h}, z_{h} ; v_{h}\right)-a_{h}^{D G}\left(w_{h}, z_{h} ; w_{h}\right)\right)\right| .
\end{align*}
$$

According to the definition (3.15) of the semilinear form $a_{h}^{D G}(\cdot, \cdot ; \cdot)$ we find

$$
\begin{align*}
& a_{h}^{D G}\left(v_{h}, z_{h} ; v_{h}\right)-a_{h}^{D G}\left(w_{h}, z_{h} ; w_{h}\right)=  \tag{4.23}\\
& \sum_{K \in \mathcal{T}_{h}} \int_{K}\left(\underline{\underline{\mathbf{A}}}_{1}\left(v_{h}\right) D^{2} v_{h}-\underline{\underline{\mathbf{A}}}_{1}\left(w_{h}\right) D^{2} w_{h}\right): D^{2} z_{h} d x \\
& -\sum_{E \in \mathcal{E}_{h}} \int_{E}\left(\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right) D^{2} v_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E}-\right. \\
& \left.\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} w_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E}\right) d s \\
& -\sum_{E \in \mathcal{E}_{h}} \int_{E}\left(\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right) D^{2} z_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E}-\right. \\
& \left.\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} z_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} w_{h}\right]_{E}\right) d s \\
& +\alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int\left(\mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E}-\right. \\
& \left.\mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} w_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E}\right) d s .
\end{align*}
$$

We will estimate the four terms on the right-hand side of (4.23) separately.
(i) For the first term on the right-hand side of (4.23) we obtain

$$
\begin{aligned}
& \sum_{K \in \mathcal{T}_{h}} \int_{K}\left(\underline{\underline{\mathbf{A}}}_{1}\left(v_{h}\right) D^{2} v_{h}-\underline{\underline{\mathbf{A}}}_{1}\left(w_{h}\right) D^{2} w_{h}\right): D^{2} z_{h} d x= \\
& \underbrace{\sum_{K \in \mathcal{T}_{h}} \int_{K} \underline{\underline{\mathbf{A}}}_{1}\left(v_{h}\right) D^{2} \xi_{h}: D^{2} z_{h} d x}_{=I_{1}}+\underbrace{\sum_{K \in \mathcal{T}_{h}} \int_{K}\left(\underline{\underline{\mathbf{A}}}_{1}\left(v_{h}\right)-\underline{\underline{\mathbf{A}}}_{1}\left(w_{h}\right)\right) D^{2} w_{h}: D^{2} z_{h} d x}_{=I_{2}} .
\end{aligned}
$$

In view of (3.5),(3.6), and (4.15a) and using Hölder's inequality as well as the Cauchy-Schwarz inequality, we get the following upper bound for $I_{1}$ :

$$
\begin{align*}
\left|I_{1}\right| \leq & \sum_{K \in \mathcal{T}_{h}} \int_{K}\left|D^{2} \xi_{h}\right|\left|D^{2} z_{h}\right| d x \leq  \tag{4.24}\\
& \sum_{K \in \mathcal{T}_{h}}\left(\int_{K}\left|D^{2} \xi_{h}\right|^{2} d x\right)^{1 / 2}\left(\int_{K}\left|D^{2} z_{h}\right|^{2} d x\right)^{1 / 2} \leq \\
& \left(\sum_{K \in \mathcal{T}_{h}}\left\|D^{2} \xi_{h}\right\|_{0, K}^{2} d x\right)^{1 / 2}\left(\sum_{K \in \mathcal{T}_{h}}\left\|D^{2} z_{h}\right\|_{0, K}^{2} d x\right)^{1 / 2} .
\end{align*}
$$

Likewise, using (3.8b),(3.8c),(4.16b), the inverse inequality (4.12), the PoincaréFriedrichs inequality for piecewise $\mathrm{H}^{2}$-functions (4.14), and observing $\left\|D^{2} w_{h}\right\|_{0, K} \leq$
$\left\|w_{h}\right\|_{2, h, \Omega} \leq R, K \in \mathcal{T}_{h}$, we can estimate $I_{2}$ from above as follows:

$$
\begin{aligned}
\left|I_{2}\right| \leq & \sum_{K \in \mathcal{T}_{h}} \int_{K}\left|\underline{\underline{\mathbf{A}}}_{1}\left(v_{h}\right)-\underline{\underline{\mathbf{A}}}_{1}\left(w_{h}\right)\right|\left|D^{2} w_{h}\right|\left|D^{2} z_{h}\right| d x \leq \\
& (3+\sqrt{5}) \sum_{K \in \mathcal{T}_{h}} \int_{K}\left|\nabla \xi_{h}\right|\left|D^{2} w_{h} \| D^{2} z_{h}\right| d x \leq \\
& (3+\sqrt{5}) \sum_{K \in \mathcal{T}_{h}}\left\|\nabla \xi_{h}\right\|_{0, \infty, K}\left(\int_{K}\left|D^{2} w_{h}\right|^{2} d x\right)^{1 / 2}\left(\int_{K}\left|D^{2} z_{h}\right|^{2} d x\right)^{1 / 2} \leq \\
& (3+\sqrt{5}) c_{S}^{-1 / 2} C_{i n v} R \sum_{K \in \mathcal{T}_{h}} h_{K}^{-1}\left\|\nabla \xi_{h}\right\|_{0, K}\left\|D^{2} z_{h}\right\|_{0, K} \leq \\
& (3+\sqrt{5}) c_{Q}^{-1} c_{S}^{-1 / 2} C_{i n v} R h^{-1}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\nabla \xi_{h}\right\|_{0, K}^{2}\right)^{1 / 2}\left(\sum_{K \in \mathcal{T}_{h}}\left\|D^{2} z_{h}\right\|_{0, K}^{2}\right)^{1 / 2} \\
\leq & (3+\sqrt{5}) c_{Q}^{-1} c_{S}^{-1 / 2} C_{i n v} C_{P F} R h^{-1}\left|\xi_{h}\right|_{2, h, \Omega}\left(\sum_{K \in \mathcal{T}_{h}}\left\|D^{2} z_{h}\right\|_{0, K}^{2}\right)^{1 / 2}
\end{aligned}
$$

Hence, setting $C_{A}^{(1)}:=(3+\sqrt{5}) c_{Q}^{-1} c_{S}^{-1 / 2} C_{i n v} C_{P F} R$, we thus have

$$
\begin{equation*}
\left|I_{2}\right| \leq C_{A}^{(1)} h^{-1}\left|\xi_{h}\right|_{2, h, \Omega}\left(\sum_{K \in \mathcal{T}_{h}}\left\|D^{2} z_{h}\right\|_{0, K}^{2}\right)^{1 / 2} \tag{4.25}
\end{equation*}
$$

(ii) Setting $\tilde{\omega}\left(\boldsymbol{\nabla} v_{h}, \boldsymbol{\nabla} w_{h}\right):=\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4}-\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4}$, the second term on the right-hand side of (4.23) can be written as

$$
\begin{aligned}
& \sum_{E \in \mathcal{E}_{h}} \int_{E}\left(\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right) D^{2} v_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E}-\right. \\
& \left.\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} w_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E}\right) d s= \\
& \underbrace{\sum_{E \in \mathcal{E}_{h}} \int_{E} \mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right) D^{2} \xi_{h}\right\}_{E}{\mathbf{\mathbf { n } _ { E }} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E} d s}}_{=I I_{1}} \begin{aligned}
=I I_{2} \\
\underbrace{}_{E \in \mathcal{E}_{h}} \int_{E} \mathbf{n}_{E} \cdot\left\{\left(\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right)-\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right)\right) D^{2} w_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E} d s
\end{aligned} \\
& \underbrace{}_{E \in \mathcal{E}_{h} \int_{E} \mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} w_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\tilde{\omega}\left(\boldsymbol{\nabla} v_{h}, \boldsymbol{\nabla} w_{h}\right) \boldsymbol{\nabla} z_{h}\right]_{E} d s}
\end{aligned}
$$

Setting $E_{1}:=E_{+}, E_{2}:=E_{-}$, for $E \in \mathcal{E}_{h}(\Omega)$, and using (3.5),(3.8a),(3.16),(4.15a), and the trace inequality (4.13b), for the first term $I I_{1}$ we find

$$
\begin{aligned}
& \left|I I_{1}\right| \leq \sum_{E \in \mathcal{E}_{h}} \int_{E}\left|\left\{D^{2} \xi_{h}\right\}_{E}\right|\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right| d s \leq \\
& \frac{1}{2} \sum_{E \in \mathcal{E}_{h}(\Omega)} \int_{E} \sum_{i=1}^{2}\left|D^{2} \xi_{h}\right|_{E_{i}}| | \mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\left|d s+\sum_{E \in \mathcal{E}_{h}(\Gamma)} \int_{E}\right| D^{2} \xi_{h}\left|\| \mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right| d s \leq \\
& \sum_{E \in \mathcal{E}_{h}(\Omega)} \sum_{i=1}^{2} h_{E}^{1 / 2}\left(\left.\int\left|D^{2} \xi_{h}\right| E_{i}\right|^{2} d s\right)^{1 / 2} h_{E}^{-1 / 2}\left(\int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2}+ \\
& \sum_{E \in \mathcal{E}_{h}(\Gamma)}\left(h_{E}^{1 / 2} \int_{E}\left|D^{2} \xi_{h}\right|^{2} d s\right)^{1 / 2} h_{E}^{-1 / 2}\left(\left.\int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]\right|_{E}\right|^{2} d s\right)^{1 / 2} \leq \\
& C_{R}^{1 / 2}\left(\sum_{K \in \mathcal{T}_{h}} h_{K}\left\|D^{2} \xi_{h}\right\|_{0, \partial K}^{2}\right)^{1 / 2}\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \leq \\
& C_{R}^{1 / 2} C_{T}\left(\sum_{K \in \mathcal{T}_{h}}\left\|D^{2} \xi_{h}\right\|_{0, K}^{2}\right)^{1 / 2}\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} .
\end{aligned}
$$

We thus have

$$
\begin{equation*}
\left|I I_{1}\right| \leq C_{A}^{(2)}\left(\sum_{K \in \mathcal{T}_{h}}\left\|D^{2} \xi_{h}\right\|_{0, K}^{2}\right)^{1 / 2}\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \tag{4.26}
\end{equation*}
$$

where $C_{A}^{(2)}:=C_{R}^{1 / 2} C_{T}$. In a similar way, using (3.5),(3.8a)-(3.8c),(3.16),(4.16b), the inverse inequality (4.12), the trace inequality (4.13a), the Poincaré-Friedrichs inequality for piecewise $\mathrm{H}^{2}$-functions (4.14), and observing $\left\|D^{2} w_{h}\right\|_{0, K} \leq\left\|w_{h}\right\|_{2, h, \Omega} \leq$ $R, K \in \mathcal{T}_{h}$, the second term $I I_{2}$ can be estimated from above according to

$$
\begin{align*}
&\left|I I_{2}\right| \leq\left(\frac{5}{2}+\sqrt{5}\right) C_{R}^{1 / 2}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\nabla \xi_{h}\right\|_{0, \infty, K}^{2} h_{K} \int_{\partial K}\left|D^{2} w_{h}\right|^{2} d s\right)^{1 / 2}  \tag{4.27}\\
&\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \leq \\
&\left(\frac{5}{2}+\sqrt{5}\right) C_{R}^{1 / 2} C_{T}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\boldsymbol{\nabla} \xi_{h}\right\|_{0, \infty, K}^{2} \int_{K}\left|D^{2} w_{h}\right|^{2} d s\right)^{1 / 2} \\
&\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \leq \\
&\left(\frac{5}{2}+\sqrt{5}\right) c_{Q}^{-1} c_{S}^{-1} C_{i n v} C_{R}^{1 / 2} C_{T} R h^{-1}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\nabla \xi_{h}\right\|_{0, K}^{2}\right)^{1 / 2} \\
&\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \leq \\
& \leq C_{A}^{(3)} h^{-1}\left|\xi_{h}\right|_{2, h, \Omega}\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2},
\end{align*}
$$

where $C_{A}^{(3)}:=\left(\frac{5}{2}+\sqrt{5}\right) c_{Q}^{-1} c_{S}^{-1} C_{i n v} C_{P F} C_{R}^{1 / 2} C_{T} R$. In a similar way, for $I I_{3}$ we obtain

$$
\begin{aligned}
& \left|I I_{3}\right| \leq \\
& C_{R}^{1 / 2}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\nabla z_{h}\right\|_{0, \infty, K}^{2} h_{K} \int_{\partial K}\left|D^{2} w_{h}\right|^{2} d s\right)^{1 / 2}\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla \xi_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \leq \\
& C_{R}^{1 / 2} C_{T}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\boldsymbol{\nabla} z_{h}\right\|_{0, \infty, K}^{2} \int_{K}\left|D^{2} w_{h}\right|^{2} d x\right)^{1 / 2}\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} \xi_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \leq \\
& c_{Q}^{-1} c_{S}^{-1} C_{i n v} C_{P F} C_{R}^{1 / 2} C_{T} R h^{-1}\left|z_{h}\right|_{2, h, \Omega}\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} \xi_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} .
\end{aligned}
$$

and hence,

$$
\begin{equation*}
\left|I I_{3}\right| \leq C_{A}^{(4)} h^{-1}\left|z_{h}\right|_{2, h, \Omega}\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} \xi_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \tag{4.28}
\end{equation*}
$$

where $C_{A}^{(4)}:=c_{Q}^{-1} c_{S}^{-1} C_{i n v} C_{P F} C_{R}^{1 / 2} C_{T} R$.
(iii) For the third term on the right-hand side of (4.23) we have

$$
\begin{aligned}
& \sum_{E \in \mathcal{E}_{h}} \int_{E}\left(\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right) D^{2} z_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E}-\right. \\
& \left.\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} z_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} w_{h}\right]_{E}\right) d s= \\
& \underbrace{\sum_{E \in \mathcal{E}_{h}} \int_{E} \mathbf{n}_{E} \cdot\left\{\left(\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right)-\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right)\right) D^{2} z_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E} d s}_{=I I I_{1}}+ \\
& \underbrace{\sum_{E \in \mathcal{E}_{h}} \int_{E} \mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} z_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\tilde{\omega}\left(\boldsymbol{\nabla} v_{h}, \boldsymbol{\nabla} w_{h}\right) \boldsymbol{\nabla} v_{h}\right]_{E} d s}_{=I I I_{2}}+ \\
& \underbrace{}_{\underbrace{}_{E \in \mathcal{E}_{h}} \int_{E} \mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} z_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E} d s}
\end{aligned}
$$

The terms $I I I_{1}, I I I_{2}$, and $I I I_{3}$ can be estimated from above in much the same way as the corresponding terms for $I I$. We obtain

$$
\begin{equation*}
\left|I I I_{1}\right| \leq C_{A}^{(5)} h^{-1}\left|\xi_{h}\right|_{2, h, \Omega}\left(\sum_{K \in \mathcal{T}_{h}} \int_{K}\left|D^{2} z_{h}\right|^{2} d s\right)^{1 / 2} \tag{4.29}
\end{equation*}
$$

where $C_{A}^{(5)}:=\left(\frac{5}{2}+\sqrt{5}\right) c_{Q}^{-1} c_{S}^{-1} C_{i n v} C_{P F} C_{R}^{1 / 2} C_{T} R$, and

$$
\begin{align*}
& \left|I I I_{2}\right| \leq C_{A}^{(6)} h^{-1}\left|\xi_{h}\right|_{2, h, \Omega}\left(\sum_{K \in \mathcal{T}_{h}} \int_{K}\left|D^{2} z_{h}\right|^{2} d s\right)^{1 / 2}  \tag{4.30a}\\
& \left|I I I_{3}\right| \leq C_{A}^{(7)} h^{-1}\left|\xi_{h}\right|_{2, h, \Omega}\left(\sum_{K \in \mathcal{T}_{h}} \int_{K}\left|D^{2} z_{h}\right|^{2} d s\right)^{1 / 2} \tag{4.30b}
\end{align*}
$$

where $C_{A}^{(6)}=C_{A}^{(7)}:=c_{Q}^{-1} c_{S}^{-1} C_{i n v} C_{P F} C_{R}^{1 / 2} C_{T} R$.
(iv) Finally, for the fourth term on the right-hand side of (4.23) we get

$$
\begin{align*}
& \alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left(\mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E}-\right.  \tag{4.31}\\
& \underbrace{\left.\mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} w_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E}\right) d s=}_{=I V_{1}} \\
& \underbrace{\alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E} d s}_{=I V_{E}}+ \\
& \underbrace{\alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} w_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\tilde{\omega}\left(\boldsymbol{\nabla} v_{h}, \boldsymbol{\nabla} w_{h}\right) \boldsymbol{\nabla} z_{h}\right]_{E} d s}_{=I V_{3}}+ \\
& \underbrace{}_{=\underbrace{}_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E} \mathbf{n}_{E} \cdot\left[\tilde{\omega}\left(\boldsymbol{\nabla} v_{h}, \boldsymbol{\nabla} w_{h}\right) \boldsymbol{\nabla} w_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} z_{h}\right]_{E} d s}
\end{align*}
$$

Using (3.8a),(4.15a), the trace inequality (4.13a), and the Poincaré-Friedrichs inequality for piecewise $\mathrm{H}^{2}$-functions (4.14), for $I V_{1}$ we obtain

$$
\begin{aligned}
& \left|I V_{1}\right| \leq \alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla \xi_{h}\right]_{E}\right|\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right| d s \leq \\
& \alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1 / 2}\left(\int_{E}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} \xi_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} h_{E}^{-1 / 2}\left(\int_{E}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \leq \\
& C_{A}^{(8)}\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} \xi_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2}\left(\sum_{E \in \mathcal{E}_{h}} \int_{E} h_{E}^{-1}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2}
\end{aligned}
$$

where $C_{A}^{(8)}:=\alpha$. Setting $K_{1}:=K_{+}$and $K_{2}:=K_{-}$for $E \in \mathcal{E}_{h}(\Omega), E=K_{+} \cap K_{-}$, and $K_{1}=K_{2}=K$ for $E \in \mathcal{E}_{h}(\Gamma), E \in \mathcal{E}_{h}(K \cap \Gamma)$, the term $I V_{2}$ can be estimated from above as follows:

$$
\begin{aligned}
\left|I V_{2}\right| \leq & \alpha \sum_{E \in \mathcal{E}_{h}} \sum_{i=1}^{2}\left\|\nabla \xi_{h}\right\|_{0, \infty, K_{i}}\left(\int_{E} h_{E}^{-1}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} w_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \\
& \left(\int_{E} h_{E}^{-1}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2}
\end{aligned}
$$

Using (3.8b),(3.8c), the inverse inequality (4.12), and the Poincaré-Friedrichs inequality for piecewise $\mathrm{H}^{2}$-functions (4.14), for $I V_{1}$, we have

$$
\begin{aligned}
& \sum_{i=1}^{2}\left\|\nabla \xi_{h}\right\|_{0, \infty, K_{i}} \leq c_{R}^{-1} c_{S}^{-1} C_{i n v} h^{-1} \sum_{i=1}^{2}\left\|\nabla \xi_{h}\right\|_{0, K_{i}} \leq \\
& 2 c_{R}^{-1} c_{S}^{-1} C_{i n v} h^{-1}\left\|\nabla \xi_{h}\right\|_{0, \Omega} \leq 2 c_{R}^{-1} c_{S}^{-1} C_{i n v} C_{P F} h^{-1}\left|\xi_{h}\right|_{2, h, \Omega}
\end{aligned}
$$

Hence, observing $\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla w_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \leq\left\|w_{h}\right\|_{2, h, \Omega} \leq R$, we obtain

$$
\begin{equation*}
\left|I V_{2}\right| \leq C_{A}^{(9)} h^{-1}\left|\xi_{h}\right|_{2, h, \Omega}\left(\int_{E} h_{E}^{-1}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \tag{4.32}
\end{equation*}
$$

where $C_{A}^{(9)}:=2 \alpha c_{R}^{-1} c_{S}^{-1} C_{i n v} C_{P F} R$. In the same way we get

$$
\begin{equation*}
\left|I V_{3}\right| \leq C_{A}^{(10)} h^{-1}\left|\xi_{h}\right|_{2, h, \Omega}\left(\int_{E} h_{E}^{-1}\left|\mathbf{n}_{E} \cdot\left[\nabla z_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \tag{4.33}
\end{equation*}
$$

where $C_{A}^{(10)}:=C_{A}^{(9)}$.
Setting $C_{A}:=\sum_{i=1}^{10} C_{A}^{(i)}$, it follows from (4.22)-(4.33) that

$$
\left|\left\langle A_{h}^{D G} v_{h}-A_{h}^{D G} w_{h}, z_{h}\right\rangle_{V_{h}^{*}, V_{h}}\right| \leq \max \left(1, \beta \Delta t \delta^{2} C_{A} h^{-1}\right)\left\|\xi_{h}\right\|_{2, h, \Omega}\left\|z_{h}\right\|_{2, h, \Omega},
$$

which implies (4.21) with $\Gamma(h, R):=\max \left(1, \beta \Delta t \delta^{2} C_{A} h^{-1}\right)$.

Theorem 4.3. Under the assumption that there exist constants $0<\kappa \ll 1$ and $C_{\Delta}>0$ such that

$$
\begin{equation*}
\beta \Delta t \delta^{2} \leq C_{\Delta} h^{4+\kappa} \tag{4.34}
\end{equation*}
$$

for sufficiently small $0<h<1$ there exists $\gamma(h, R)>0$ such that for $v_{h}, w_{h} \in$ $B_{h}(0, R)$ it holds

$$
\begin{equation*}
\left\langle A_{H}^{D G} v_{h}-A_{h}^{D G} w_{h}, v_{h}-w_{h}\right\rangle_{V_{h}^{*}, V_{h}} \geq \gamma(h, R)\left\|v_{h}-w_{h}\right\|_{2, h, \Omega}^{2} . \tag{4.35}
\end{equation*}
$$

Proof. For $v_{h}, w_{h} \in B_{h}(0, R)$ we set $\xi_{h}:=v_{h}-w_{h}$. Taking the definition (4.10) of the nonlinear operator $A_{h}^{D G}$ into account, we have

$$
\begin{align*}
& \left\langle A_{H}^{D G} v_{h}-A_{h}^{D G} w_{h}, \xi_{h}\right\rangle_{V_{h}^{*}, V_{h}}=  \tag{4.36}\\
& \left\|\xi_{h}\right\|_{0, \Omega}^{2}+\beta \Delta t \delta^{2}\left(a_{h}^{D G}\left(v_{h}, \xi_{h} ; v_{h}\right)-a_{h}^{D G}\left(w_{h}, \xi_{h} ; w_{h}\right)\right)
\end{align*}
$$

Recalling the definitions (3.6),(3.16) of $\underline{\underline{\mathbf{A}}}_{1}$ and $\underline{\underline{\mathbf{A}}}_{2}$, for the second term on the right-hand side of (4.36) it follows that
(4.37) $a_{h}^{D G}\left(v_{h}, \xi_{h} ; v_{h}\right)-a_{h}^{D G}\left(w_{h}, \xi_{h} ; w_{h}\right)=$

$$
\left.\sum_{K \in \mathcal{T}_{h}} \int_{K}\left(\underline{\underline{\mathbf{A}}}_{1}\left(v_{h}\right) D^{2} v_{h}-\underline{\underline{\mathbf{A}}}_{1}\left(w_{h}\right)\right) D^{2} w_{h}\right): D^{2} \xi_{h} d x
$$

$$
-\sum_{E \in \mathcal{E}_{h}} \int_{E}\left(\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right) D^{2} v_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E}-\right.
$$

$$
\left.\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} w_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E}\right) d s
$$

$$
-\sum_{E \in \mathcal{E}_{h}} \int_{E}\left(\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right) D^{2} \xi_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E}-\right.
$$

$$
\left.\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} \xi_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} w_{h}\right]_{E}\right) d s
$$

$$
+\alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left(\mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E}-\right.
$$

$$
\left.\mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \nabla w_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E}\right) d s
$$

As in the previous theorem, we will estimate the four terms on the right-hand side of (4.37) separately.
(i) For the first term we obtain

$$
\begin{aligned}
& \sum_{K \in \mathcal{T}_{h}} \int_{K}\left(\underline{\underline{\mathbf{A}}}_{1}\left(v_{h}\right) D^{2} v_{h}-\underline{\underline{\mathbf{A}}}_{1}\left(w_{h}\right) D^{2} w_{h}\right): D^{2} \xi_{h} d x= \\
& \underbrace{\sum_{K \in \mathcal{T}_{h}} \int_{K} \underline{\underline{\mathbf{A}}}_{1}\left(v_{h}\right) D^{2} \xi_{h}: D^{2} \xi_{h} d x}_{=I_{1}}+\underbrace{\sum_{K \in \mathcal{T}_{h}} \int_{K}\left(\underline{\underline{\mathbf{A}}}_{1}\left(v_{h}\right)-\underline{\underline{\mathbf{A}}}_{1}\left(w_{h}\right)\right) D^{2} w_{h}: D^{2} \xi_{h} d x}_{=I_{2}} .
\end{aligned}
$$

As far as $I_{1}$ is concerned, due to (3.5) and (3.6) we have

$$
\int_{K} \underline{\underline{\mathbf{A}}}_{1}\left(v_{h}\right) D^{2} \xi_{h}: D^{2} \xi_{h} d x \geq\left(1+\left\|\boldsymbol{\nabla} v_{h}\right\|_{0, \infty, K}^{2}\right)^{-3 / 2}\left\|D^{2} \xi_{h}\right\|_{0, K}^{2}
$$

Using (3.8b),(3.8c), the inverse inequality (4.12), the Poincaré-Friedrichs inequality for piecewise $\mathrm{H}^{2}$-functions (4.14), and observing $\left\|v_{h}\right\|_{2, h, \Omega} \leq R$, we get

$$
\begin{aligned}
& \left\|\boldsymbol{\nabla} v_{h}\right\|_{0, \infty, K}^{2} \leq c_{S}^{-2} C_{i n v}^{2} h_{K}^{-2}\left\|\nabla v_{h}\right\|_{0, K}^{2} \leq c_{Q}^{-2} c_{S}^{-2} C_{i n v}^{2} h^{-2}\left\|\nabla v_{h}\right\|_{0, \Omega}^{2} \leq \\
& c_{Q}^{-2} c_{S}^{-2} C_{i n v}^{2} C_{P F}^{2} h^{-2}\left\|v_{h}\right\|_{2, h, \Omega}^{2} \leq \gamma_{M}^{(0)} h^{-2}
\end{aligned}
$$

where $\gamma_{M}^{(0)}:=c_{Q}^{-2} c_{S}^{-2} C_{\text {inv }}^{2} C_{P F}^{2} R^{2}$. Observing $h \leq 1$, it follows that

$$
\left(1+\left\|\boldsymbol{\nabla} v_{h}\right\|_{0, \infty, K}^{2}\right)^{-3 / 2} \geq h^{3}\left(h^{2}+\gamma_{M}^{(0)}\right)^{-3 / 2} \geq h^{3}\left(1+\gamma_{M}^{(0)}\right)^{-3 / 2}=\gamma_{M}^{(1)} h^{3},
$$

where $\gamma_{M}^{(1)}:=\left(1+\gamma_{M}^{(0)}\right)^{-3 / 2}$. Hence, we obtain the following lower bound for $I_{1}$ :

$$
\begin{equation*}
\left|I_{1}\right| \geq \gamma_{M}^{(1)} h^{3} \sum_{K \in \mathcal{T}_{h}}\left\|D^{2} \xi_{h}\right\|_{0, K}^{2} \tag{4.38}
\end{equation*}
$$

In order to estimate $I_{2}$ from above, we use (3.8b),(3.8c),(4.19b), Hölder's inequality, the inverse inequality (4.12), the Cauchy-Schwarz inequality, and observe $\left\|D^{2} w_{h}\right\|_{0, K}$ $\leq\left\|w_{h}\right\|_{2, h, \Omega} \leq R, K \in \mathcal{T}_{h}:$

$$
\begin{aligned}
& \left|I_{2}\right| \leq(3+\sqrt{5}) \sum_{K \in \mathcal{T}_{h}} \int_{K}\left|\nabla \xi_{h}\left\|D^{2} w_{h}\right\| D^{2} \xi_{h}\right| d x \leq \\
& (3+\sqrt{5}) \sum_{K \in \mathcal{T}_{h}}\left\|\nabla \xi_{h}\right\|_{0, \infty, K}\left(\int_{K}\left|D^{2} w_{h}\right|^{2} d x\right)^{1 / 2}\left(\int_{K}\left|D^{2} \xi_{h}\right|^{2} d x\right)^{1 / 2} \leq \\
& (3+\sqrt{5}) c_{S}^{-1} C_{i n v} \sum_{K \in \mathcal{T}_{h}} h_{K}^{-1}\left\|\xi_{h}\right\|_{0, K}\left\|D^{2} w_{h}\right\|_{0, K}\left\|D^{2} \xi_{h}\right\|_{0, K} \leq \\
& (3+\sqrt{5}) c_{S}^{-1} C_{i n v}^{2} R \sum_{K \in \mathcal{T}_{h}} h_{K}^{-1}\left\|\xi_{h}\right\|_{0, K} h_{K}^{-2}\left\|\xi_{h}\right\|_{0, K} \leq \\
& (3+\sqrt{5}) c_{Q}^{-3} c_{S}^{-1} C_{i n v}^{2} R h^{-3} \sum_{K \in \mathcal{T}_{h}}\left\|\xi_{h}\right\|_{0, K}^{2}
\end{aligned}
$$

Hence, it follows that

$$
\begin{equation*}
\left|I_{2}\right| \leq C_{B}^{(1)} h^{-3}\left\|\xi_{h}\right\|_{0, \Omega}^{2} \tag{4.39}
\end{equation*}
$$

where $C_{B}^{(1)}:=(3+\sqrt{5}) c_{Q}^{-3} c_{S}^{-1} C_{i n v}^{2} R$.
(ii) We now deal with the second term on the right-hand side of (4.37) which we rewrite as follows:

$$
\begin{aligned}
& \sum_{E \in \mathcal{E}_{h}} \int_{E}\left(\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right) D^{2} v_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E}-\right. \\
& \left.\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} w_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E}\right) d s= \\
& \underbrace{\sum_{E \in \mathcal{E}_{h}} \int_{E} \mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right) D^{2} \xi_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E} d s+}_{=I I_{1}} \\
& \underbrace{\sum_{E \in \mathcal{E}_{h}} \int_{E} \mathbf{n}_{E} \cdot\left\{\left(\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right)-\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right)\right) D^{2} w_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E} d s}_{=I I_{2}} \\
& +\underbrace{\sum_{E} \int \mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} w_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\tilde{\omega}\left(\boldsymbol{\nabla} v_{h}, \boldsymbol{\nabla} w_{h}\right) \boldsymbol{\nabla} \xi_{h}\right]_{E} d s,}_{E \in \mathcal{E}_{h}}
\end{aligned}
$$

where $\tilde{\omega}\left(\boldsymbol{\nabla} v_{h}, \boldsymbol{\nabla} w_{h}\right):=\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4}-\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4}$. In view of (3.5),(3.8b),(3.12), (3.16),(4.15), Hölder's inequality, the Cauchy-Schwarz inequality, the inverse inequality (4.12), and the trace inequality (4.13b) we can estimate $I I_{1}$ from above as
follows:

$$
\begin{aligned}
& \left|I I_{1}\right| \leq 8 \sum_{E \in \mathcal{E}_{h}} \int_{E}\left\{\left|D^{2} \xi_{h}\right|\right\}_{E}\left\{\left|\nabla \xi_{h}\right|\right\}_{E} d s \leq \\
& 4 \sum_{E \in \mathcal{E}_{h}}\left(\int_{E}\left\{\left|D^{2} \xi_{h}\right|^{2}\right\}_{E} d s\right)^{1 / 2}\left(\int_{E}\left\{\left|\nabla \xi_{h}\right|^{2}\right\}_{E} d s\right)^{1 / 2} \leq \\
& 4 \sum_{K \in \mathcal{T}_{h}}\left(\int_{\partial K}\left|D^{2} \xi_{h}\right|^{2} d s\right)^{1 / 2}\left(\int_{\partial K}\left|\nabla \xi_{h}\right|^{2} d s\right)^{1 / 2} \leq \\
& 4 c_{Q}^{-1} h^{-1} \sum_{K \in \mathcal{T}_{h}} h_{K}^{1 / 2}\left\|D^{2} \xi_{h}\right\|_{0, \partial K} h_{K}^{1 / 2}\left\|\nabla \xi_{h}\right\|_{0, \partial K} \leq \\
& 4 c_{Q}^{-1} C_{T}^{2} h^{-1}\left(\sum_{K \in \mathcal{T}_{h}}\left\|D^{2} \xi_{h}\right\|_{0, K}^{2}\right)^{1 / 2}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\nabla \xi_{h}\right\|_{0, K}^{2}\right)^{1 / 2} \leq \\
& 4 c_{Q}^{-4} C_{i n v}^{2} C_{T}^{2} h^{-4} \sum_{K \in \mathcal{T}_{h}}\left\|\xi_{h}\right\|_{0, K}^{2} \leq \\
& 4 c_{Q}^{-4} C_{i n v}^{2} C_{T}^{2} h^{-4}\left\|\xi_{h}\right\|_{0, \Omega}^{2} .
\end{aligned}
$$

Hence, we obtain

$$
\begin{equation*}
\left|I I_{1}\right| \leq C_{B}^{(2)} h^{-4}\left\|\xi_{h}\right\|_{0, \Omega}^{2} \tag{4.40}
\end{equation*}
$$

where $C_{B}^{(2)}:=4 c_{Q}^{-4} C_{i n v}^{2} C_{T}^{2}$. Likewise, for $I I_{2}$ we have

$$
\begin{aligned}
& \left|I I_{2}\right| \leq 4\left(\frac{5}{2}+\sqrt{5}\right) \sum_{E \in \mathcal{E}_{h}} \int_{E}\left\{\left|\nabla \xi_{h}\right|^{2}\right\}_{E}\left\{\left|D^{2} w_{h}\right|\right\}_{E} d s \leq \\
& 2\left(\frac{5}{2}+\sqrt{5}\right) \sum_{E \in \mathcal{E}_{h}}\left(\int_{E}\left\{\left|\nabla \xi_{h}\right|^{4}\right\}_{E} d s\right)^{1 / 2}\left(\int_{E}\left\{\left|D^{2} w_{h}\right|^{2}\right\}_{E} d s\right)^{1 / 2} \leq \\
& 2\left(\frac{5}{2}+\sqrt{5}\right) \sum_{K \in \mathcal{T}_{h}}\left(\int_{\partial K}\left|\nabla \xi_{h}\right|^{4} d s\right)^{1 / 2}\left(\int_{\partial K}\left|D^{2} w_{h}\right|^{2} d s\right)^{1 / 2}= \\
& 2\left(\frac{5}{2}+\sqrt{5}\right) c_{Q}^{-1} h^{-1} \sum_{K \in \mathcal{T}_{h}} h_{K}^{1 / 2}\left\|\nabla \xi_{h}\right\|_{0,4, \partial K}^{2} h_{K}^{1 / 2}\left\|D^{2} w_{h}\right\|_{0, \partial K} \leq \\
& 2\left(\frac{5}{2}+\sqrt{5}\right) c_{Q}^{-1} C_{T}^{2} h^{-1}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\nabla \xi_{h}\right\|_{0,4, K}^{4}\right)^{1 / 2}\left(\sum_{K \in \mathcal{T}_{h}}\left\|D^{2} w_{h}\right\|_{0, K}^{2}\right)^{1 / 2} \leq \\
& 2\left(\frac{5}{2}+\sqrt{5}\right) c_{Q}^{-1} c_{S}^{-1 / 2} C_{i n v} C_{T}^{2} R h^{-2}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\nabla \xi_{h}\right\|_{0, K}^{4}\right)^{1 / 2} \leq \\
& 2\left(\frac{5}{2}+\sqrt{5}\right) c_{Q}^{-3} c_{S}^{-1 / 2} C_{i n v}^{3} C_{T}^{2} R h^{-4} \sum_{K \in \mathcal{T}_{h}}\left\|\xi_{h}\right\|_{0, K}^{2} .
\end{aligned}
$$

It follows that

$$
\begin{equation*}
\left|I I_{2}\right| \leq C_{B}^{(3)} h^{-4}\left\|\xi_{h}\right\|_{0, \Omega}^{2} \tag{4.41}
\end{equation*}
$$

where $C_{B}^{(3)}:=2\left(\frac{5}{2}+\sqrt{5}\right) c_{Q}^{-3} c_{S}^{-1 / 2} C_{i n v}^{3} C_{T}^{2} R$. Finally, $I I_{3}$ can be bounded from above in much the same way as $I_{2}$. We get

$$
\begin{equation*}
\left|I I_{3}\right| \leq C_{B}^{(4)} h^{-4}\left\|\xi_{h}\right\|^{2} \tag{4.42}
\end{equation*}
$$

where $C_{B}^{(4)}:=2 c_{Q}^{-3} c_{S}^{-1 / 2} C_{i n v}^{3} C_{T}^{2} R$.
(iii) For the third term on the right-hand side of (4.37) we have

$$
\begin{aligned}
& \sum_{E \in \mathcal{E}_{h}} \int_{E}\left(\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right) D^{2} \xi_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E}-\right. \\
& \left.\mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} \xi_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} w_{h}\right]_{E}\right) d s= \\
& \underbrace{\sum_{E \in \mathcal{E}_{h}} \int_{E} \mathbf{n}_{E} \cdot\left\{\left(\underline{\underline{\mathbf{A}}}_{2}\left(v_{h}\right)-\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right)\right) D^{2} \xi_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E} d s}_{=I I I_{1}}+ \\
& \underbrace{\sum_{E \in \mathcal{E}_{h}} \int_{E} \mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} \xi_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\tilde{\omega}\left(\boldsymbol{\nabla} v_{h}, \boldsymbol{\nabla} w_{h}\right) \boldsymbol{\nabla} v_{h}\right]_{E} d s}_{=I I I_{2}}+ \\
& \underbrace{\sum_{E \in \mathcal{E}_{h}} \int_{E} \mathbf{n}_{E} \cdot\left\{\underline{\underline{\mathbf{A}}}_{2}\left(w_{h}\right) D^{2} \xi_{h}\right\}_{E} \mathbf{n}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E} d s}_{=I I I_{3}} .
\end{aligned}
$$

The three terms can be estimated from above in a similar way as the corresponding terms in $I I$. We obtain

$$
\begin{equation*}
\left|I I I_{1}\right| \leq C_{B}^{(5)} h^{-4}\left\|\xi_{h}\right\|_{0, \Omega}^{2}, \quad\left|I I I_{2}\right| \leq C_{B}^{(6)} h^{-4}\left\|\xi_{h}\right\|_{0, \Omega}^{2}, \quad\left|I I I_{3}\right| \leq C_{B}^{(7)} h^{-4}\left\|\xi_{h}\right\|_{0, \Omega}^{2} \tag{4.43}
\end{equation*}
$$

where $C_{B}^{(5)}:=2\left(\frac{5}{2}+\sqrt{5}\right) c_{Q}^{-3} c_{S}^{-1 / 2} C_{i n v}^{3} C_{T}^{2} R, C_{B}^{(6)}:=2 c_{Q}^{-3} c_{S}^{-1 / 2} C_{i n v}^{3} C_{T}^{2} R$, and $C_{B}^{(7)}:=$ $C_{B}^{(6)}$.
(iv) For the fourth term on the right-hand side of (4.37) we obtain

$$
\begin{align*}
\alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E} & \left(\mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} v_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E}-\right.  \tag{4.44}\\
& \left.\mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} w_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} w_{h}\right)^{-1 / 4} \boldsymbol{\nabla} \xi_{h}\right]_{E}\right) d s=
\end{align*}
$$



In view of (3.13), the first term $I V_{1}$ can be further split according to

$$
I V_{1}=\underbrace{\alpha \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E} \mathbf{n}_{E} \cdot\left\{\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4}\right\}_{E}\left[\boldsymbol{\nabla} \xi_{h}\right]_{E} \mathbf{n}_{E} \cdot\left\{\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4}\right\}_{E}\left[\boldsymbol{\nabla} \xi_{h}\right]_{E} d s}_{=I V_{11}}+
$$

$$
\underbrace{\alpha \sum_{E \in \mathcal{E}_{h}(\Omega)} h_{E}^{-1} \int_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4}\right]_{E}\left\{\boldsymbol{\nabla} \xi_{h}\right\}_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4}\right]_{E}\left\{\boldsymbol{\nabla} \xi_{h}\right\}_{E} d s}_{=I V_{12}}+
$$

$\underbrace{\alpha \sum_{E \in \mathcal{E}_{h}(\Omega)} h_{E}^{-1} \int_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4}\right]_{E}\left\{\boldsymbol{\nabla} \xi_{h}\right\}_{E} \mathbf{n}_{E} \cdot\left\{\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4}\right\}_{E}\left[\boldsymbol{\nabla} \xi_{h}\right]_{E} d s}_{=I V_{13}}+$
$\underbrace{\alpha \sum_{E \in \mathcal{E}_{h}(\Omega)} h_{E}^{-1} \int_{E} \mathbf{n}_{E} \cdot\left\{\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4}\right\}_{E}\left[\boldsymbol{\nabla} \xi_{h}\right]_{E} \mathbf{n}_{E} \cdot\left[\omega\left(\boldsymbol{\nabla} v_{h}\right)^{-1 / 4}\right]_{E}\left\{\boldsymbol{\nabla} \xi_{h}\right\}_{E} d s}_{=I V_{14}}$.
For $I V_{11}$, setting $E_{1}:=E_{+}$and $E_{2}:=E_{-}$for $E \in \mathcal{E}_{h}(\Omega)$, we have

$$
\begin{aligned}
& I V_{11} \geq\left.\alpha \sum_{E \in \mathcal{E}_{h}(\Omega)}\left(1+\frac{1}{2} \sum_{i=1}^{2}\left\|\nabla v_{h}\right\|_{0, \infty, E_{i}}^{2}\right)^{-1 / 2} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} \xi_{h}\right]\right|_{E}\right|^{2} d s+ \\
& \alpha \sum_{E \in \mathcal{E}_{h}(\Gamma)}\left(1+\left\|\nabla v_{h}\right\|_{0, \infty, E}^{2}\right)^{-1 / 2} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} \xi_{h}\right]_{E}\right|^{2} d s .
\end{aligned}
$$

Taking advantage of (3.8b),(3.8c), the inverse inequality (4.12), and the PoincaréFriedrichs inequality for piecewise $\mathrm{H}^{2}$-functions (4.14), it follows that for $E \in$ $\mathcal{E}_{h}(\partial K)$ it holds
$\left\|\boldsymbol{\nabla} v_{h}\right\|_{0, \infty, E} \leq\left\|\nabla v_{h}\right\|_{0, \infty, K} \leq c_{S}^{-1 / 2} C_{i n v} h_{K}^{-1}\left\|\nabla v_{h}\right\|_{0, K} \leq$
$c_{Q}^{-1} c_{S}^{-1 / 2} C_{i n v} h^{-1}\left\|\nabla v_{h}\right\|_{0, \Omega} \leq c_{Q}^{-1} c_{S}^{-1 / 2} C_{i n v} C_{P F} h^{-1}\left\|v_{h}\right\|_{2, h, \Omega} \leq c_{Q}^{-1} c_{S}^{-1 / 2} C_{i n v} C_{P F} h^{-1} R$,
and hence, observing $h<1$, we get

$$
\begin{aligned}
& \left(1+\left\|\boldsymbol{\nabla} v_{h}\right\|_{0, \infty, E}^{2}\right)^{-1 / 2} \geq\left(1+c_{Q}^{-2} c_{S}^{-1} C_{i n v}^{2} C_{P F}^{2} R^{2} h^{-2}\right)^{-1 / 2}= \\
& \left(h^{2}+c_{Q}^{-2} c_{S}^{-1} C_{i n v}^{2} C_{P F}^{2} R^{2}\right)^{-1 / 2} h \geq\left(1+c_{Q}^{-2} c_{S}^{-1} C_{i n v}^{2} C_{P F}^{2} R^{2}\right)^{-1 / 2} h
\end{aligned}
$$

Consequently, we obtain

$$
\begin{equation*}
I V_{11} \geq \alpha \gamma_{M}^{(2)} h \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\boldsymbol{\nabla} \xi_{h}\right]_{E}\right|^{2} d s \tag{4.45}
\end{equation*}
$$

where $\gamma_{M}^{(2)}:=\alpha\left(1+c_{Q}^{-2} c_{S}^{-1} C_{i n v}^{2} C_{P F}^{2} R^{2}\right)^{-1 / 2}$.
The remaining terms $I V_{1 i}, 2 \leq i \leq 4$, can be estimated from above similarly as the corresponding terms in Theorem 4.2:
$\left|I V_{12}\right| \leq C_{B}^{(8)} h^{-4}\left\|\xi_{h}\right\|_{0, \Omega}^{2}, \quad\left|I V_{13}\right| \leq C_{B}^{(9)} h^{-4}\left\|\xi_{h}\right\|_{0, \Omega}^{2}, \quad\left|I V_{14}\right| \leq C_{B}^{(10)} h^{-4}\left\|\xi_{h}\right\|_{0, \Omega}^{2}$, where $C_{B}^{(8)}:=2 \alpha c_{Q}^{-4} c_{R}^{-1} C_{i n v}^{2} C_{T}^{2}$ and $C_{B}^{(9)}=C_{B}^{(10)}:=2 C_{B}^{(8)}$. The remaining two terms $I V_{2}$ and $I V_{3}$ can be estimated from above in the same way. Using (3.8a), (3.8b),(4.19a), the inverse inequality (4.12), the trace inequality (4.13a), the Cauchy-Schwarz inequality, and observing

$$
\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla w_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2} \leq\left\|w_{h}\right\|_{2, h, \Omega} \leq R
$$

we obtain

$$
\begin{aligned}
& \left|I V_{2}\right| \leq 4 \alpha c_{Q}^{-1 / 2} c_{R}^{-1 / 2} h^{-1 / 2} \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1 / 2} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla w_{h}\right]_{E}\right|\left\{\left|\nabla \xi_{h}\right|\right\}_{E}^{2} d s \leq \\
& 4 \alpha c_{Q}^{-1 / 2} c_{R}^{-1 / 2} h^{-1 / 2} \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1 / 2}\left(\int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla w_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2}\left(\int_{E}\left\{\left|\nabla \xi_{h}\right|\right\}_{E}^{4} d s\right)^{1 / 2} \leq \\
& 2 \alpha c_{Q}^{-3 / 2} c_{R}^{-1 / 2} h^{-3 / 2}\left(\sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \int_{E}\left|\mathbf{n}_{E} \cdot\left[\nabla w_{h}\right]_{E}\right|^{2} d s\right)^{1 / 2}\left(\sum_{K \in \mathcal{T}_{h}} h_{K}^{2}\left\|\nabla \xi_{h}\right\|_{0,4, \partial K}^{4}\right)^{1 / 2} \\
& \leq 2 \alpha c_{Q}^{-3 / 2} c_{R}^{-1 / 2} C_{T} R h^{-3 / 2}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\nabla \xi_{h}\right\|_{0,4, K}^{4}\right)^{1 / 2} \leq \\
& 2 \alpha c_{Q}^{-7 / 2} c_{R}^{-1 / 2} C_{i n v}^{2} C_{T} R h^{-7 / 2}\left(\sum_{K \in \mathcal{T}_{h}}\left\|\xi_{h}\right\|_{0, K}^{4}\right)^{1 / 2} \leq \\
& 2 \alpha c_{Q}^{-7 / 2} c_{R}^{-1 / 2} C_{i n v}^{2} C_{T} R h^{-7 / 2} \sum_{K \in \mathcal{T}_{h}}\left\|\xi_{h}\right\|_{0, K}^{2} .
\end{aligned}
$$

Hence, it follows that

$$
\begin{equation*}
\left|I V_{2}\right| \leq C_{B}^{(11)} h^{-7 / 2}\left\|\xi_{h}\right\|_{0, \Omega}^{2} \tag{4.47}
\end{equation*}
$$

where $C_{B}^{(11)}:=2 \alpha c_{Q}^{-7 / 2} c_{R}^{-1 / 2} C_{i n v}^{2} C_{T} R$. Moreover, we get

$$
\begin{equation*}
\left|I V_{3}\right| \leq C_{B}^{(12)} h^{-7 / 2}\left\|\xi_{h}\right\|_{0, \Omega}^{2} \tag{4.48}
\end{equation*}
$$

where $C_{B}^{(12)}:=C_{B}^{(11)}$.
Setting $C_{B}:=\sum_{i=1}^{12} C_{B}^{(i)}$ and observing (4.34) as well as $h<1$, it follows from (4.36)-(4.48) that

$$
\begin{align*}
& \left\langle A_{H}^{D G} v_{h}-A_{h}^{D G} w_{h}, v_{h}-w_{h}\right\rangle_{V_{h}^{*}, V_{h}} \geq  \tag{4.49}\\
& \left(1-C_{\Delta} C_{B} h^{\kappa}\right)\left\|\xi_{h}\right\|_{0, \Omega}^{2}+\min \left(\gamma_{M}^{(1)}, \alpha \gamma_{M}^{(2)}\right) h^{3}\left|\xi_{h}\right|_{2, h, \Omega}^{2}
\end{align*}
$$

We choose $h_{\text {min }}>0$ such that

$$
\begin{equation*}
q:=C_{\Delta} C_{B} h_{\min }^{\kappa}<1 \quad \text { and } \quad \min \left(\gamma_{M}^{(1)}, \alpha \gamma_{M}^{(2)}\right) h_{\min }^{3}<1-q . \tag{4.50}
\end{equation*}
$$

Then, for $h \leq h_{\text {min }}$ (4.35) follows from (4.49),(4.50) with

$$
\begin{equation*}
\gamma(h, R):=\min \left(\gamma_{M}^{(1)}, \alpha \gamma_{M}^{(2)}\right) h^{3} . \tag{4.51}
\end{equation*}
$$

Corollary 4.1. Assume that $u_{h}^{m-1}$ satisfies

$$
\left\|u_{h}^{m-1}\right\|_{0, \Omega} \leq \frac{\Gamma(R)^{2}}{\gamma(R)}\left(1-\sqrt{1-\frac{\gamma(R)^{2}}{\Gamma(R)^{2}}}\right) R
$$

for some $R>0$ and that (4.34) holds true. Then, for sufficiently small grid size $h$, the $C^{0} I P D G$ approximation (3.14) has a unique solution $u_{h}^{m} \in B_{h}(0, R)$.
Proof. Using the Lipschitz continuity (4.22) and the strong monotonicity (4.35) of the nonlinear operator $A_{h}^{D G}$, the result follows from the nonlinear analogue of the Lax-Milgram Lemma (Theorem 4.1).

Remark 4.1. If we choose $h_{\text {min }}>0$ such that (4.49) is satisfied as well as $h_{\text {min }}<$ $\beta C_{\Delta} C_{A}$, for $h \leq h_{\text {min }}$ we have $\Gamma(h, R)=\beta C_{\Delta} C_{A} h^{-1}$ in Theorem 4.2 and the application of Theorem 4.1 for $V=V_{h}$ and $A=A_{h}^{D G}$ implies that the fixed point operator $T$ is a contraction as long as

$$
\begin{equation*}
\rho<2 \frac{\gamma(h, R)}{\Gamma(h, R)^{2}}=2 \frac{\min \left(\gamma_{M}^{(1)}, \alpha \gamma_{M}^{(2)}\right)}{C_{\Delta}^{2} C_{A}^{2}} h^{5} . \tag{4.52}
\end{equation*}
$$

In other words, the contraction property degenerates for $h \rightarrow 0$. This reflects the very singular character of the fourth order total variation flow.

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